

If this is your first day learning guitar you're in good company. **All the greats had a first day too** - and began a lifetime playing guitar that day.

YOU CAN BEGIN A LIFETIME
PLAYING GUITAR ***TODAY!***

YOU WILL
LEARN



- TO STRUM IN PERFECT TIME
- THE MOST PLAYED RHYTHMS
- THE MOST PLAYED CHORDS
- TO CHANGE CHORDS FAST
- TO READ CHORD BOXES
- TO READ GUITAR TABLATURE

AND MUCH MORE!

HOW TO PLAY **ACOUSTIC GUITAR**

The ability to play guitar is **"A Priceless Gift"**. It lets your heart speak, and your imagination roam. Even when words fail, music speaks. And yet, unlike material wealth, once you have it, no one can take it away from you.

The lessons in this book have helped thousands of people to play guitar. They are the most complete, individual and personalised you will ever find. You start simply by knowing what not to do - and also by making sure you have the right guitar to learn on.

From there, it is vital that you follow each lesson step by step. Don't just read them. Personalise and interact with them. Highlight tips that really transform your guitar playing.



MAKE THIS YOUR OWN BOOK

Do not skip lessons. The only way they will not work is if you're too eager to move to the next lesson. By taking the time to absorb what you just learned, the quality of your guitar playing will be so much better.

Most importantly, all your practice is pre-planned from start to finish. You know exactly what to work on and won't forget to practice anything. As well as being the key to your success, the "practice programs" keep you on track from start to finish. And you can achieve in weeks, what took many people years to learn.

So Come On Now ... **Pick Up Your Guitar** ... and come with me on **A Truly Unique Musical Journey**.



HOW TO TUNE **YOUR GUITAR**

Guitar tuners can be tricky for beginners to use. Because they process sound waves you have to pick a string to bring it alive. Then you need to keep sounding the string to keep it responding....and turn the tuning head at the same time to tune the string.

A guitar tuner can process only one sound at a time. If it hears more it doesn't know which sound to process and gets confused.



A clip-on guitar tuner will solve all these problems instantly. They are the most user friendly of all tuners because they only work when attached to the guitar head. So they hear your guitar and nothing else. You can even tune with it in very noisy or crowded areas.

LESSON 02

- START AT PERFECT
- HOW TO HOLD
A GUITAR PICK
- HOW TO POSITION
YOUR CHORD HAND
- THE BEST WAY TO
LEARN GUITAR CHORDS



Make a circle



Slide finger under thumb



Add guitar pick



STRUM
STRAIGHT
DOWN AND UP

NOT
PARALLEL
TO STRINGS

1 TILT YOUR GUITAR

Tilting makes learning chords so much easier. The guitar is now doing some of the work for you. It also helps to produce a good sound.



2 POSITION YOUR THUMB

Thumb on top for open chords

Thumb low and centred for barre chords



3 POSITION YOUR FINGERS

The simple 3 step approach here is technically perfect and exactly as played by top guitarists.

It can help you achieve in weeks, what many people took years to learn.



F#**EASY****T****1****X**

- Thumb not touching 6th string
- 5th string muted by inside of 1st finger
- Strum 6 strings - Only 5 sound



PLAYING EXERCISE

Keep repeating this chord sequence



Em



CMAJ7



G6



F#



SONG EXAMPLE

Zombie - The Cranberries





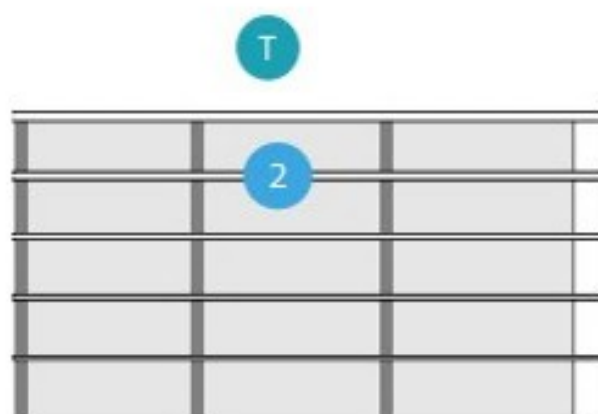
PLAYING TIP

To change chords well, start moving your fingers in the direction of the new chord, during the last upstroke of your present chord.

If you don't do this you will have a muddy sound at the start of the next chord you play.

Get it right and two things happen;

- 1** The chord change is easier
- 2** The sound is much clearer.



Lift 3rd finger

Em



E7sus4





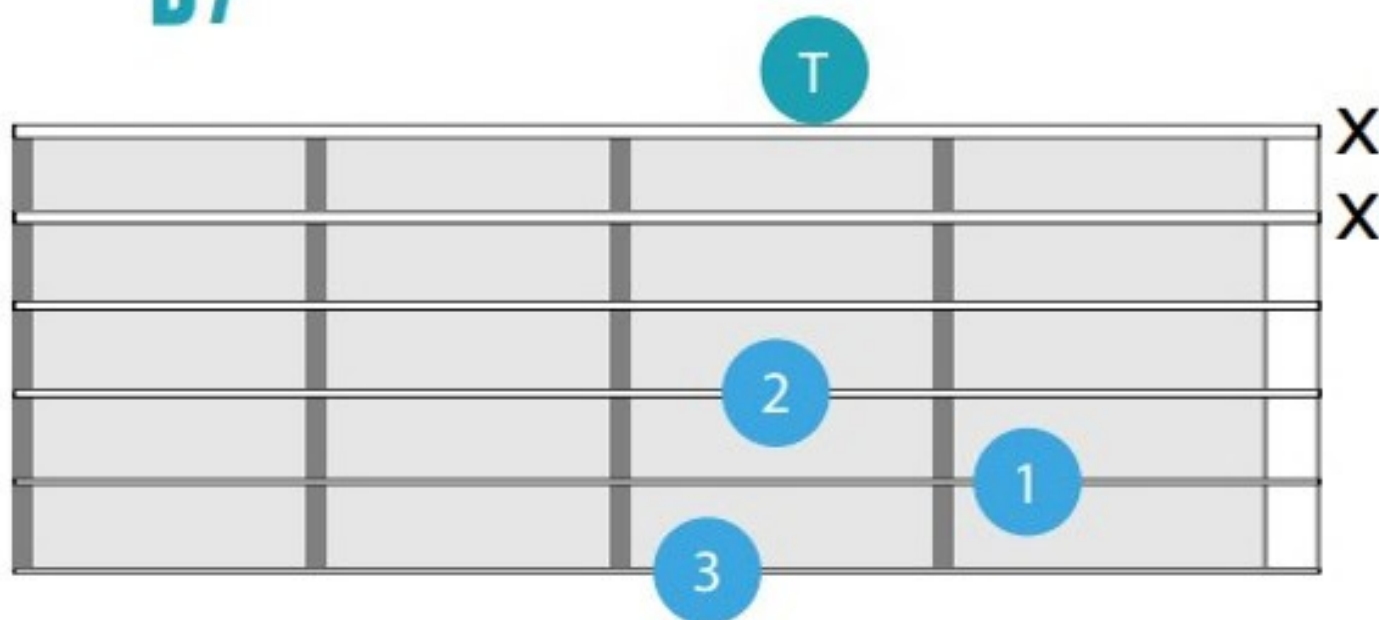
HOW TO USE **A CAPO**

A capo can be placed on up to ten frets. Even though you play with the same chord positions, you get a different set of sounds for each fret that the capo is on.

Also the guitar should be pitched to the vocalist in order to retain the quality of their voice.



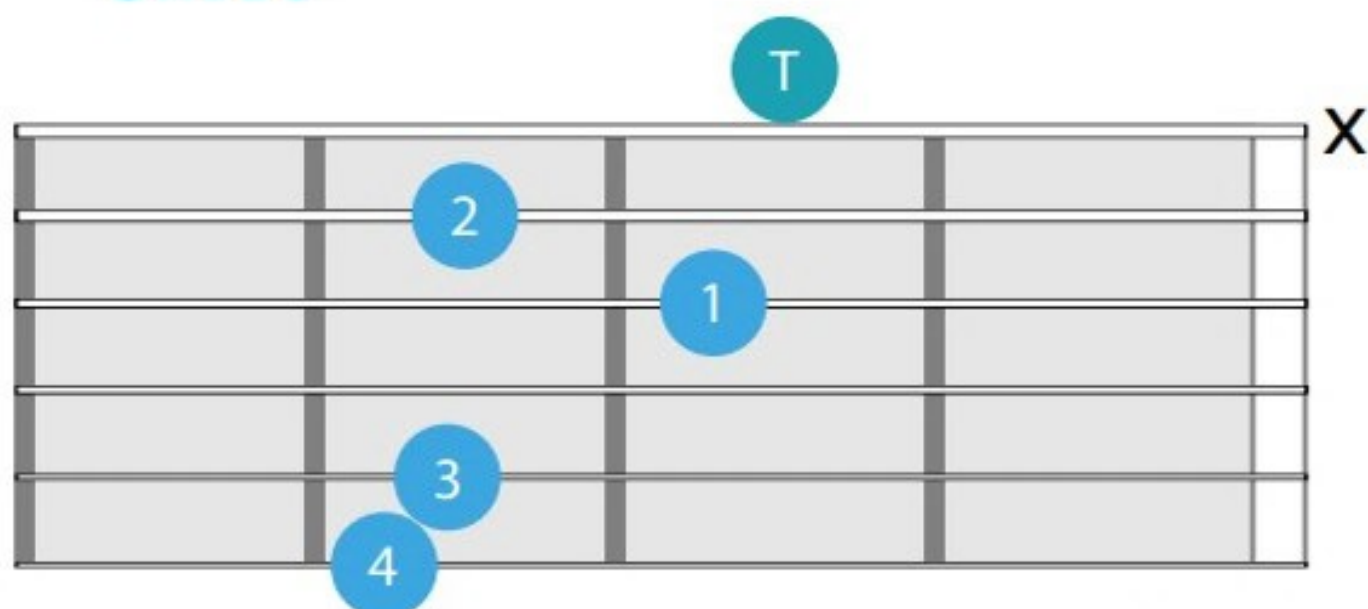
D7



- Thumb touching 6th string
- 1st finger in corner of fret
- Strum bottom 4 strings



Cadd9



- Thumb touching 6th string
- 3rd finger in middle of fret
- Strum 6 strings - Only 5 sound





PLAYING EXERCISE

Keep repeating this chord sequence

CAPO ON 3RD FRET



D



G



Let G chord sound

G

D

A7sus4



Let A7sus4 chord sound

PLAYING TIP

When changing,
don't move your

- 1** 3rd finger
- 2** Triangle



SONG EXAMPLE

Free Falling - Tom Petty



HOW TO PLAY **FINGERSTYLE** **GUITAR**

Competent guitarists play by feel and without looking at their picking hand. They do this by playing from a reference point.

Many have the heel pad of their hand lightly resting on the bridge pins (pictured right).

Others have the 3rd or 4th finger on the guitar (Next page).

